



16TH ANNUAL TRIATHLON

REGISTRATION FORM

AUGUST 4, 2012 @ 10:00 AM

CHECK-IN & ON-SITE REGISTRATION: 8:30 – 9:30 AM

All registrations received prior to July 30 will receive a free race t-shirt. All other participants will receive a free t-shirt based on availability. Awards will be given to the overall winner for Men, Women, and Team.

INDIVIDUAL REGISTRATION *(Complete if you are one person competing in all 3 stages)*

NAME: _____ SHIRT SIZE (circle one): XS S M L XL XXL
 ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 EMAIL: _____ AGE: _____ GENDER: _____ PHONE: (____) _____

TEAM REGISTRATION *(Complete if you are 2 or 3 individuals competing in different stages as ONE team)*

TEAM SWIMMER: 0.5K *(Out and back swim in lake.)*

NAME: _____ SHIRT SIZE (circle one): XS S M L XL XXL
 ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 EMAIL: _____ AGE: _____ GENDER: _____ PHONE: (____) _____

TEAM BIKER: 12K *(Open road ride. Certified helmet required.)*

NAME: _____ SHIRT SIZE (circle one): XS S M L XL XXL
 ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 EMAIL: _____ AGE: _____ GENDER: _____ PHONE: (____) _____

TEAM RUNNER: 5K *(Mixed terrain - dirt trails and gravel roads.)*

NAME: _____ SHIRT SIZE (circle one): XS S M L XL XXL
 ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 EMAIL: _____ AGE: _____ GENDER: _____ PHONE: (____) _____

<p>EVENT FEE: <input type="radio"/> \$25 Individual <input type="radio"/> \$50 Team</p> <p><input type="radio"/> Please make checks payable to Cran-Hill Ranch</p> <p><input type="radio"/> Please charge my Credit Card: <input type="radio"/> Visa <input type="radio"/> MasterCard <input type="radio"/> Discover</p> <p>Card #: _____ Exp: ____/____/____ CVC#: _____</p> <p>Signature: _____</p>

WAIVER - PLEASE READ CAREFULLY BEFORE SIGNING

If in doubt of your physical ability to engage in an event as strenuous as a triathlon, it is recommended that you seek advice of a qualified medical physician. In consideration of the privilege to participate in the Cran-Hill Ranch Triathlon, and for other good and valuable consideration, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, and assignees, waive and release any and all right and claims I may have against Cran-Hill Ranch, event organizers, sponsors, their agents, representatives, successors, or assignees of any and all injuries, ailments, or other consequences suffered by me while traveling to or from, or participating in the triathlon. I HEREBY CERTIFY that I am eighteen (18) years of age or older. I have read this document, and understand its contents. I agree that any photos taken prior to, during, and after the event may be used by Cran-Hill Ranch and its sponsors for promotional use. I agree to not use any personal music device while racing.

I AM UNDER eighteen (18) years of age and my parent/guardian has read and agreed to and signed the form.

Signature: _____ Date: ____/____/____

Signature: _____ Date: ____/____/____

Signature: _____ Date: ____/____/____